

# Alumni News

Vol. 6, Issue 4

Bi-Monthly Newsletter  
Highlands Alumni Association (HAA)  
The only certified non-profit HAA organization

September 2017

## **PREZ'S PONDERINGS**

By Kristine Kouw Mann

Homecoming. Going home to a place where one grew up, where one established family ties, where one made life-long friends with those who grew up in the same locale.

For others, homecoming is a big celebration at school, when long-graduated alumni return to the "old stomping grounds" to see what has changed (probably a science lab) to what has stayed the same (maybe the principal's office). A school homecoming is a place to renew the friendships that were made in the PE class and to reminisce with those friends who "dined" in the cafeteria. Homecoming is also a time when one-time students can thank their teachers for teaching them the subject matter and for teaching them life's lessons.

Homecoming is a time to reflect how all can help their school. For us Highlands Scots, a jewel is evolving on the south side of the campus. The official name is the "Legacy Room," but others call it the "Alumni Museum." Whatever you call it, it's the place where today's students can learn from the past so that they can offer suggestions for both the present and the future. It's the place where alumni can donate mementos before those mementos are lost. It's a place where all can offer suggestions to better display the past by using constantly-evolving technology. All this can be seen during Homecoming.

For us, Homecoming is **Friday, October 27**. The list of festivities include:

2 p.m. to 4 p.m.	Legacy Room open
5 p.m. to 7 p.m.	Junior Varsity game
7 p.m. to 9 p.m.	Varsity game

So the Homecoming festivities of **Friday, October 27**, will offer a time for all of us to come home to renew friendships, to meet today's students, and to visit the past. So come Home.

**SCOTS FOREVER!**

### ***DATES TO NOTE ON YOUR CALENDAR***

Please note that all meetings of the Alumni Board are held at the SAFE Credit Union on Watt Avenue, south of Roseville Road. They start at 11 a.m.

Tuesday, October 3                      Highlands' Choir Fall Concert in Little Theater at 6 p.m.

**Friday, October 27                      Homecoming**

Saturday, November 11                  Alumni Board Meeting

Tuesday, December 5                  Highlands' Choir Holiday Concert in Little Theater

Tuesday, March 20                      Highlands' Choir Concert in Little Theater

Tuesday, May 22                         Highlands' Choir Concert in Little Theater

**If there are any changes to the above events, alumni will be notified by either e-mail or Facebook.**

### ***NEWS FROM THE ALUMNI MUSEUM***

The Alumni Museum was closed during the summer because work was being done on school facilities. The Museum was re-opened when the students returned. Remember that:

1. The Museum is open on Wednesdays from 9 a.m. until 1 p.m.
2. It is also open between 2 p.m. and 4 p.m. on the Fridays of reunion weekends.

3. The museum will be open on **Friday, October 27**, from 2 p.m. until 4 p.m., in honor of Homecoming.
4. All alumni are encouraged to donate mementos when the museum is open.
5. Volunteers are needed to staff the Museum.

Notify us if you have questions.

### ***ALUMNI GATHERINGS***

Do you want to meet with your fellow classmates throughout the year? Here are the times when you can do so:

First Saturday – The classes of '59 to '69 meet at Lou's Drive-In, on Watt Avenue, north of Don Julio Boulevard, from 11 a.m. until about 2 p.m.

Last Saturday – '70s graduates meet at Lou's from 11 a.m. until about 2 p.m.

Are there any other groups meeting regularly? If so, then notify Mary Anderson at [marya195821@gmail.com](mailto:marya195821@gmail.com).

### ***NOTES FROM RECENT ALUMNI BOARD MEETINGS***

1. The Board decided to spend \$400 for t-shirts and sweat shirts, mostly in the larger sizes. These t-shirts and sweat shirts will be available for sale in the Legacy Room and at special events. Be on the look-out!
2. There will be a membership work party. Members will get together to send letters to those whose membership has expired to encourage them to renew.

## **REUNION NEWS**

### Future Reunions

For members of the classes of **1963, 1968, 1973, 1978, 1983, 1988, 1993, 1998, 2003, 2008, and 2013** – 2018 is your reunion year. You can have your reunion news posted on the Alumni website at [www.highlandshighalumni.com](http://www.highlandshighalumni.com), or you can send the information to me at [marya195821@gmail.com](mailto:marya195821@gmail.com).

The information needed for the newsletter includes:

- Class Year
- When and Where for reunion
- Other Activities (e.g., meet & greet, picnic)
- Contact Person(s) and Contact Information (e-mail)
- Interest in Visiting Alumni Museum(?)
- Planning Meetings (Location, Date(s) and Time(s))

The Alumni Association wants you to know a successful reunion, and we can help you with the publicity.

**IMPORTANT:** Plan a visit to the Legacy Room as part of your reunion plans. Notify me at [marya195821@gmail.com](mailto:marya195821@gmail.com) if interested. We can probably arrange for a visit the Friday afternoon of your reunion weekend. Let us know if you have questions.

## **LIAISON NEWS**

By Kathy Cahall Cooper

### Twin Rivers District

1. The Highlands High Stadium Restroom Building and the Highlands turf and retention wall (Highlands Bowl) were completed.
2. Many buildings at Highlands were re-roofed. Ready for another rainy winter. Some buildings were also painted.
3. Some blacktop work was done during the summer, including the student parking lot on the south side of the Alumni Museum.

## ***ASK THE SCHOOL OFFICIAL***

For Principal Hawthorne

At a community meeting several years ago, I learned that HVAC (Heating, Ventilation, and Air Conditioning) was supposed to be installed in the "J" wing, which includes the Alumni Museum. When is that going to be done?

There are portable units installed in the theater and the choir room, which are used by students. The HVAC system for that wing is on the Master Plan for the school.

## ***DOING GOOD FOR OTHERS***

1. Rick Murray ('60) is involved with Gentlemans Ride, a group that raises money for men's mental health and prostate cancer. To raise funds, members of the group will ride their "vintage" motorcycles from Fair Oaks to West Sacramento on **Sunday, September 24**. For more information, go to <[www.gentlemansride.com](http://www.gentlemansride.com)>.
2. Mary Anderson ('67) participated in fund-raising for Lou Gehrig's Disease (Amyotrophic Lateral Sclerosis) in honor of her friend Susan Clark. All together, Mary and her friends collected close to \$2,000 to fight this dreaded disease.
3. Every year, Ron LaForm ('77) walks for WEAVE (Women Escaping a Violent Environment), a charity that serves abused women in the greater Sacramento area. Friends and co-workers make up his team. In recent years he has raised close to \$1,000 a year.
4. During the summer, Alicia Lerma and Suzan Shelly (both '72ers) have been involved with the group Power of 100 Women (POW). POW is an organization based in Placer County. Women from all walks of life support local charities. By harnessing the power of women, a much greater impact can be felt. Members of POW meet quarterly to hear presentations from three (3) nonprofit organizations. Each member commits to donating a minimum of \$100 to one of these organizations to

create a total donation of \$10,000 each quarter, or \$40,000 annually. These group fundraising efforts allow POW to have an impact that can be seen in the communities where members live, work, play, and raise their families. Together they make a difference.

5. Sherreta Lane and Andrew McDuffie ('74) participated in the Sacramento River Cats "Cats Care" program. This summer, the "Cats Care" was a picnic at Raley Field for military and their families. Fun event. (The River Cats is a farm team with the San Francisco Giants, and Sherreta is a Giants fan.)
6. Again this year, Arden Fair Mall is providing an opportunity for its shoppers to help schools throughout the Sacramento area in its "School Cents" program. One school that Highlands alumni may want to help is Main Avenue Elementary School, located about 1-1/2 miles north of Grant High School, and located west of McClellan Airfield. Whether you're buying a million dollar dress or a simple cup of coffee, you can help Main Avenue School, which is located in the Robla School District, but whose students eventually attend Twin Rivers schools. For more information about Arden Fair's School Cents program, go to <http://www.ardenfair.com/Events/Details/449937>.
7. The Leadership at Highlands will participate in the KCRA Kids Can Food Drive year from the middle of October up until Thanksgiving. Let's help the Highlands' students in this holiday-related cause.

By the way, if you're involved with a charity, let us know about the fundraisers you're involved with. We can publicize them here in the newsletter.

### ***OTHER NEWS***

Highlands Choral Concerts. If you're not doing anything on **Tuesday, October 6, at 6 p.m.**, then consider attending the Choral Concert. The choir will sing a selection of contemporary and traditional choral arrangements, including selections from Vivaldi, the spiritual world, and musical theater. Let's support this so that Highlands can (hopefully) expand its music program.

Mrs. Georgia Larson. Mrs. Larson taught English at Highlands from the 1958/59 school year to the 1964/65 school year. In the fall of 1965, she became one of the teachers who took part in the “exodus” from Highlands to the newly built Foothill. She has recently moved to an assisted living/retirement home in Rocklin. We send her our very best.

### ***Let Us Remember***

These are the Scots who passed away between July 1 and August 31, 2017, or whose passing we have recently learned.

1962	William (Bill) Martin
1964	Ronald Armor, Dennis Lewis, Michael Posehn
1965	Fred Tabarango
1966	Douglas Berg
1967	Michele Brown, Phedré Butler
1968	Thomas Evangelisti, Paul Howard
1970	Deborah (Debi) Parker, Merrill Sexton
1972	Janet Guzi, Jean Niemela, James (Jim) Shropshire
1976	Reggie Nunn, John (Wayne) Oliver
1978	Jerry Statley
1982	David Whitsett
2013	Jonathan Attimirano

If you hear of the passing of any Highlands alumni, any Highlands teacher or administrator, or any Highlands support staff (e.g., custodians, cooks, clerical support), then notify me (Mary Anderson) at [marya195821@gmail.com](mailto:marya195821@gmail.com) and Rita Woods at [rita.jens.2010@gmail.com](mailto:rita.jens.2010@gmail.com). We ask that you identify the source of your information, such as a newspaper death notice, a family notice, or a notice posted by the funeral home.

You are welcome to honor someone who meant something to you with a paragraph or two. That will mean a lot to the person's family, friends, and classmates.

### ***ITEMS FOR NEWSLETTER***

If you want to submit an item for *Alumni News*, you are welcome to do so.

Remember that this is your newsletter. This newsletter is about you and your classmates and the Highlands community.

Share about the recent reunions, how you celebrated times gone by.

Spread the word about the reunions you are planning to hold.

Share about the fun you're having with your classmates: cheering your favorite sports team, attending a concert at a local venue, or riding the rides at a carnival. This would not be a newsletter if you and your classmates did not share.

Speaking of sharing. There are a seemingly myriad causes, such as food drives and raising money for rare and common diseases. Many of us are involved in at least one cause. So share about what you're planning and maybe a few more dollars will be raised.

If you're an artist or a musician, please notify us about showings or performances. Who knows, one more Scot may come see your work or hear you perform.

So I hope to hear from you by **Monday, November 13**. You are welcome to submit photos with your articles. Send your items to me at [marya195821@gmail.com](mailto:marya195821@gmail.com) or via Facebook.