

# Alumni News

Vol. 6, Issue 4

Quarterly Newsletter  
Highlands Alumni Association (HAA)  
The only certified non-profit HAA organization

July 2017

## **PREZ'S PONDERINGS**

By Kristine Kouw Mann

Happy summer! I hope all of you are enjoying your vacation, whether you're traveling across the country or down the state. Wherever you go, stay safe.

Happy summer! Some of you are taking a "staycation," using your vacation time to do much-needed work around the house, like putting on a new roof or painting the inside of your house. Or you're using time to do a lot of yard work, such as re-sodding the lawn and planting more bushes--all in 110-degree heat! Or many of you in the Sacramento area are cleaning up after the very heavy rainy season and preparing for what could possibly be another record-setting rainy winter. Regardless, I hope you're accomplishing a lot and enjoying much.

Happy summer! The start of the 2017/18 school year is less than a month away. What do you have to buy? Notebooks and pencils while they are still on sale. Shoes and pants that will be outgrown before Santa Claus comes to town. Calendars where meetings with teachers and a whole host of school activities need to be noted. What else? And when will it ever end?

Happy summer! Did you read *The Sacramento Bee* on June 29? If you did, you would have read the results of the Scholastic Aptitude Tests (SATs). Seniors in the Twin Rivers District scored in the lower one-third of high schools in Sacramento County. Of the four high schools in the District, Highlands was No. 3 out of the 4. What can we do to help inch the scores up a bit? Maybe we alumni can work with Highlands' officials, the parents, and the community to help the class of 2018 achieve a higher score than their 2017 counterparts. What do you suggest?

So, happy summer, and looking forward to the 2017/18 school year.

**SCOTS FOREVER!**

### ***DATES TO NOTE ON YOUR CALENDAR***

Please note that all meetings of the Alumni Board are held at the SAFE Credit Union on Watt Avenue, south of Roseville Road. They start at 11 a.m.

Thursday, July 20	Summer School Ends
Tuesday, August 8	First Day of School
Saturday, September 9	Alumni Board Meeting
Friday, October 13	Homecoming
Saturday, November 11	Alumni Board Meeting

**If there are any changes to the above events, alumni will be notified by either e-mail or Facebook.**

### ***NEWS FROM THE ALUMNI MUSEUM***

The Museum has been closed for the summer because of extensive work being done at Highlands. The work includes putting on a new roof. (We don't want rain to come into the Museum or any other room.)

In the meantime, we have received donations from several alumni, including Phil Olson ('65) and his wife, Diane Aspenson ('67). They donated about six boxes of mementos.

The Museum should be re-opened on Wednesday, August 9. If there's a delay, we will notify you via e-mail and Facebook.

### ***ALUMNI GATHERINGS***

Do you want to meet with your fellow classmates throughout the year? Here are the times when you can do so:

First Saturday – The classes of '59 to '69 meet at Lou's Drive-In, on Watt Avenue, north of Don Julio Boulevard, from 11 a.m. until about 2 p.m.

Third Friday – The classes of '59 to '69 meet for lunch at Mimi's on Alta-Arden, between Howe and Ethan, at 11:30 a.m.

Last Saturday – '70s folks meet at Lou's, from 11 a.m. until about 2 p.m.

Are there any other groups meeting regularly? If so, then notify Mary Anderson at [marya195821@gmail.com](mailto:marya195821@gmail.com).

## ***NOTES FROM RECENT ALUMNI BOARD MEETINGS***

July 8, 2017

1. Scholarship winners were presented with their scholarship money. More about the winners in an article later in the newsletter.
2. There was a motion to give Garnett Gilmore Volkens ('64) money to help defray her expenses for the Memorial Day Parade. Our By-Laws do not allow such a practice.

## ***REUNION NEWS***

**1967** - Their 50-year reunion is set for **Saturday, September 16, 2017**, at the Holiday Inn in Downtown Sacramento. This will be a joint reunion with Foothill High School. Contact Kay Johnson Ratliff via Facebook for more information.

Also, attendees are invited to visit the Alumni Museum on **Friday, September 15, from 2 p.m. to 4 p.m.** Contact Mary Anderson at [marya195821@gmail.com](mailto:marya195821@gmail.com) if you are interested in a visit.

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**1972** – Will celebrate their 45th class reunion, covering 2 days.

The first day will be **Saturday, September 2, from 6 p.m. until 11 p.m.**, at the Lions Gate Hotel (formerly the Officers' Club), 3410 Westover Street, McClellan, California 95652. No host bar from 6 to 7 p.m.; dinner is at 7 p.m. Dancing to music by Galaxy Mobile DJ. \$60 per person. Send checks or money order to:

Arleen Cushman DeGregorio  
4345 Aponte Street #103  
Las Vegas, NV 89115-1624

Arlene can also take payments through Paypal using her merchant account: [ladyemegan@ladyemegansgifts.com](mailto:ladyemegan@ladyemegansgifts.com). Just put "reunion" in the description. Rooms are available at the Lions Gate Hotel at a special rate of \$114 per night plus tax. Just book under "Highlands High School Reunion".

**Sunday, September 3** – There will be a gathering at Lou's Burgers from 11:30 a.m. until 3 p.m. Come hang out at our old haunt on Watt Avenue in North Highlands. Call Arleen at 702.888.4843 for more information.

**Friday, September 1** – Members of the class are welcome to visit the Alumni Museum from 2 to 4 p.m. Notify Mary Anderson at [marya195821@gmail.com](mailto:marya195821@gmail.com) if you want to visit.

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**1977** – The class of 1977 will hold its 40-year reunion on **Saturday evening, September 16**, at the VFW hall, located on Antelope Road, about 1/4 mile west of Watt Avenue. Members of the classes of '76 and '78 are welcome to attend. Contact Darrio Bianco via Facebook for more information.

Also, attendees are invited to visit the Alumni Museum on **Friday, September 15, from 2 p.m. to 4 p.m.** Contact Mary Anderson at [marya195821@gmail.com](mailto:marya195821@gmail.com) if you are interested in a visit.

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**1982** - The class of 1982 will hold its 35-year reunion on **Saturday and Sunday, August 26 and 27, 2017**. The Saturday night festivities will be held in the Rocklin Community Center at the Johnson-Springview Park in Downtown Rocklin. A buffet dinner will be served, and a D-J will provide music for dancing. The Sunday afternoon gathering will be a picnic in the Johnson-Springview Park itself. For more information, contact Sheila Lemire Ashburn at [sheila.ashburn@comcast.net](mailto:sheila.ashburn@comcast.net).

Reunion attendees are encouraged to visit the Alumni Museum on **Friday, August 25, from 2 p.m. to 4 p.m.** E-mail Mary Anderson at [marya195821@gmail.com](mailto:marya195821@gmail.com) if you are interested.

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**1997** – Can you believe it? 20 years have passed since the class of 1997 graduated. The gathering to remember those years will take place on **Saturday, July 22, 2017**, at Fat's Catering & Banquet Facility in Old Sacramento. Tickets are \$60 per person. DJ, door prize, cash bar, photo booth, lots of fun for classmates. Contact Monique Langer, President of the Class of 1997 Reunion Planning Committee, at [www.highlands1997.com](http://www.highlands1997.com) or at [facebook.com/groups/highlands1997](https://www.facebook.com/groups/highlands1997). Unfortunately, the visit to the Alumni Museum, scheduled for July 21, had to be cancelled

### Future Reunions

Hey, members, of the class **1962, 1992, 2002, 2007, 2012** – 2017 is your reunion year. You can have your reunion news posted on the Alumni website at [www.highlandshighalumni.com](http://www.highlandshighalumni.com), or you can send the information to me at [marya195821@gmail.com](mailto:marya195821@gmail.com). The Alumni Association wants you to know a successful reunion, and we can help you with the publicity. You can send me the dates and locales of planning meetings for classmates who want to take part.

**IMPORTANT:** Plan a visit to the Legacy Room as part of your reunion plans. Notify me at [marya195821@gmail.com](mailto:marya195821@gmail.com) if interested. We can probably arrange for a visit the Friday afternoon of your reunion weekend. Let us know if you have questions.

### ***HIGHLANDS ALUMNI ASSOCIATION SCHOLARSHIP 2017 WINNERS***

The Highlands Alumni Association has been awarding scholarships to graduating seniors at Highlands High School for the past 10 years. This year we were able to again work with a budget of \$3,000 to serve five deserving students who will further their education.

Scholarship Certificates were presented at Highlands High School Award Night on Tuesday, May 9, and the recipients received their checks at a reception held for them at the Alumni Association Board meeting on Saturday, July 8.

Our two first-place winners received \$1,000 each: Ramon Fajardo has chosen Sacramento City College to begin his journey, while Jacqueline Gonzalez will attend UC Davis. In second place, Angela Anguiano Herrera will receive \$500 as she begins her studies at CSU Sacramento. Third-place winners Cinthya Arias Mora and Acacia Tenette will each receive \$250. Cinthya will attend UC Irvine, and Acacia plans to attend Earlham College in Indiana.



Scholarship Winners: seated (l to r) Ramon Fajardo, Jacqueline Gonzalez, Cinthya Arias Mora. Standing (l to r) Angela Anguiano Herrera, Acacia Tenette.

## **LIAISON NEWS**

By Kathy Cahall Cooper

### The Twin Rivers Unified School District

1. The Twin Rivers District has nearly 4,000 students enrolled in summer school. Included in the curriculum is an engineering camp for grades 3 to 5, Graduation Rate Improvement Program (GRIP), early intervention reading, and a 4-day sports camp. 238 supportive teachers are dedicated to the summer school programs, which are creating a path for student success.
2. After learning about energy poverty around the world, Foothill High's Choices New Energy Academy has assembled five 12-volt DC solar panel systems over the past 2 years. Most recently, they collaborated with PG&E and the We Share Solar program to send one of the assembled systems to Emalindi

Primary School in Kenya, where their previous sources of power were candlelight or kerosene lamp.

3. The District is receiving 16 electric buses that will run primarily through disadvantaged communities. California Climate Investments furnished the buses to Twin Rivers and other districts throughout California via a \$7.5 million grant from the State's Cap-and-Trade Program.

### Highlands Report

School starts on August 8, 2017. Returning students have a variety of programs in which to participate, including:

- Advancement Via Individual Determination (AVID)
- Air Force Junior Reserve Officer Training Corps (AFJROTC)
- Art/Advanced Art
- Biomedical Sciences
- Ceramics
- Digital Music Production
- Digital Photography
- Engineering Technology
- Environmental Technology Academy (partnered with UC Davis)
- Project Lead the Way
- UC Davis Educational Talent Search

Many awards in these categories were handed out at the May Awards Night.

### Lunch Bunch

1. Jeff Banks of Blue Water Credit was the June speaker. He discussed credit scores, credit reports, and ID theft. Essentially, [myfico.com](http://myfico.com) is the only GOOD source to get your credit score, and [AnnualCreditReport.com](http://AnnualCreditReport.com) offers free reports from all three bureaus. He suggests getting the reports spread throughout the year.
2. North Highlands-Antelope Friends of the Library is presenting its second annual fundraiser on Saturday, August 5, 2017, at 1:30 p.m., at the North Highlands Antelope Library on 4235 Antelope Road. James Scott of the Sacramento Public Library will talk about "Tea and History - Artifacts and Anecdotes, A Lighthearted Look at our History."

3. Saturday, September 16, 2017, is the date for the Fifth Annual RIO LINDA ELVERTA COUNTRY FAIRE at Depot Park in Rio Linda. Festivities are from 8 a.m. to 6 p.m., and include a parade, food trucks, vendor booths, Rogues of the Golden Coast, Human Fooseball, KID ZONE, climbing wall, beer garden at Rio Pub, and live entertainment.

### ***DOING GOOD FOR OTHERS***

On Saturday, June 24, alumni Shirley Allee and Gayle Hooker, both from the class of 1974, walked the streets of Sacramento to raise funds for Huntington's Disease. According to the Huntington Disease of America, "Huntington's disease (HD) is a fatal genetic disorder that causes the progressive breakdown of nerve cells in the brain. It deteriorates a person's physical and mental abilities during their prime working years and has no cure." Woody Guthrie, best-selling folk singer of the '40s and '50s, was afflicted with the disease and died in 1955. Shirley's husband died from HD several years ago, and her son Nick Yahl (class of 2000) has a 50% chance of being afflicted. To learn more about this affliction, you can go to the website [www.hdsa.org](http://www.hdsa.org). Why not donate while you're there.

By the way, if you're involved with a charity, let us know about the fundraisers you're involved with. We can publicize them here in the newsletter.

### **2017 MEMORIAL DAY PARADE**

The parade took place on Monday, May 29, on Watt Avenue, from I Street to A Street. Several Highlands alumni took part.

The most important alumni participating was Garnett Gilmore ('64), for she organized the parade because she wanted to honor her late father.

See the pictures below.



Garnett Gilmore Volkens ('64) and Sherry Antrim Chavez ('65) at Memorial Day parade. Photo by Martin Chavez.



Alumni from '67 to '79 attend Parade. Are any of your classmates here? Photo by Loreene Shepard.

### ***Let Us Remember***

These are the Scots who passed away between May 1 and June 30, 2017, or whose passing we have recently learned.

Custodian	Melvin Vinson
1962	Grace Diogenes
1964	Arnold Teaff
1965	Jack Adams
1966	Phil Olivas
1969	Robert Mabry, Francine "Pinkie Lee" McCollum
1971	JoAnn Maciel
1972	Joyce Guzi
1973	Michael Stanley Hayes
1979	Troy Dann
1980	Robin Veal
1982	Oscar Bautista, André Hood
1983	Jeff Howard
1984	Enrico Luster
1996	Monica Latzen

If you hear of the passing of any Highlands alumni, any Highlands teacher or administrator, or any Highlands support staff (e.g., custodians, cooks, clerical support), then notify me (Mary Anderson) at [marya195821@gmail.com](mailto:marya195821@gmail.com) and Rita Woods at [rita.jens.2010@gmail.com](mailto:rita.jens.2010@gmail.com). We ask that you identify the source of your information, such as a newspaper death notice, a family notice, or a notice posted by the funeral home.

You are welcome to honor someone who meant something to you with a paragraph or two. That will mean a lot to the person's family, friends, and classmates.

## HIGHLANDS/FOOTHILL FIFTH ANNUAL GOLF TOURNAMENT

By Shirleen Lansdon ('63)

The 5th Annual golf tournament was held on Wednesday, May 17, 2017, at the Turkey Creek Golf Club in Lincoln. Seventy-three golfers showed up to play, while another 35 Mustangs and Scots showed up to support the tournament and to visit with their classmates and friends. Over 20 alumni volunteered to set up, sell raffle tickets, run the contests, drive beverage carts, take pictures, and take care of many other details.

The theme this year was "western": golfers and volunteers dressed in their boots and hats. However, no spurs were allowed on the course, and guns were left at home.

The day began with many hugs and smiles. Then participants registered, raffle tickets for the silent raffle were sold, and barbecued hamburgers and fixin's were eaten for lunch. There was also a putting contest and a marshmallow drive contest. Then off to play 18 holes of golf.

The best hole on the course is Hole 10. Those who played know why. For the rest of you, Low Brau sets up a tent and gives us free samples of beer and sausages. Gail Hargis runs the show on Hole 10 and is very generous. Great watering hole.

After an afternoon of golf, golfers and helpers came back to socialize and to enjoy dinner; 105 showed up for the buffet. Afterwards, the winners of the raffles and the golf tournament were announced:

<u>First Place Foursome:</u>	Brad Ausmus, Gregg Ausmus, Mike Petty, and Rich Petty.
<u>Second Place Foursome:</u>	Jim Hansen, Bill Kuhn, Bon Smith, and Larry Webber.
<u>Mixed Foursome:</u>	Beverly Huffman, Nancy and Ken Hutchison, and Patti Johnson.
<u>Closest to the Hole:</u>	Elwood Bourtayre.
<u>Longest Drive Women:</u>	Beverly Huffman.
<u>Longest Drive Men:</u>	Scott Melton.
<u>Straightest Drive:</u>	Mike Hargis.

The Raffle Prizes were too many to keep track, but many people went home with prizes.

The golf tournament raised \$5,800 for Highlands and Foothill High School scholarship funds. The prize money will be split proportionately.

Thank you:

1. For the generous donations of raffle prizes from the many alumni who participated and from those who purchased raffle tickets and Advantage Buy-Ins.
2. For the generous donations of cash toward the scholarship funds for both schools.
3. To the golf committee who not only donated their time in planning but also in donating their expenses to the scholarship funds.

The Alumni steps up for this tournament and makes it a fun event. And several friends of the Alumni joined us in supporting this event. It is open to all: friends, relatives, neighbors, golfers, helpers, and alumni.

This tournament is the biggest fund raiser of the year, and we would like everyone to join us. Reuniting with long-time friends, neighbors from our past, teachers, coaches, and classmates is the best part of the day. We look forward to it each year.

What are the plans for 2018? The date has not been set, but will probably be in May, and the location will probably be Turkey Creek. Do you want to serve on the Committee? The committee will probably meet in January and would like to have you join them. More information will be published in future editions of *Alumni News*.



Social Studies teacher Bill Chambers with Shirleen Lansdon. Photo by Loreene Sheppard.



Bob Sullivan ('64) and Vic Power ('65). Photo by Loreene Sheppard.

## ***OTHER NEWS***

If you are ever visiting Gibson Ranch on the first Saturday of the month from 7 a.m. until 2 p.m., why not visit Ron Casebolt ('74). Ron sells jewelry and other items. He also accepts discarded jewelry to re-work. If you have questions, you can call Ron at 916.821.1845. Or you can visit him at Lou's on the last Saturday of the month.

## **History of Lou's Drive-In**

And speaking of Lou's. Here's a brief history of Lou's Drive-In.

Lou's No. 1. Lou's first days were back in 1957, on Grand Avenue, directly across from Grant High School, whose students served as a customer base. Lou Bergh served as a truck driver for Hostess Bakery; he drove bread deliveries to the schools in the area. It was on this route where Lou found his "calling." Later his son Jim Bergh took over operations.

Eventually Lou's No. 2 opened in 1958 at its location on Watt Avenue. Many of us remember when Lou's shared the same building with Marie's Donuts, where many of us spent our Sunday mornings. (Today, Marie's is located a block or two south of Lou's.) In 1979, Jim's son-in-law Robert purchased the franchise.

Lou's No. 3 was located on Auburn Boulevard just south of Madison (present-day McDonald's).

Lou's No. 4 opened on Auburn Boulevard, south of Antelope Road (now Sam's Classic Burgers).

Eventually, the store in Del Paso Heights closed, and today only Lou's No. 2 remains. In addition to the meal of a burger, fries, and a cola, Lou's also sells ice cream and milk shakes.

Lou's has eight employees; two of whom attended Highlands. Both JoJo and Candy graduated in 1979.

Lou's is active in the community. It donates meat to the Memorial Day Parade, and it makes space available for a 4<sup>th</sup> of July fireworks booth.

Thank you, Lou's, for allowing two decades of Highlands alumni meet every month. The alumni are reminded that (from January 2016 *Alumni News*):

Whenever you go to Lou's, remember that you can park anywhere but in the front lot. Lou's has only 8 parking spaces, which are needed for their other customers. Lou's is requesting that those attending the monthly gatherings park either in back of Lou's or next door, to the west or southwest of the pancake restaurant. Lou's is also requesting that we do not park along the chain-link fence on the north side. Anyone who does risks being ticketed. Notify Loreene Sheppard ('67) or Michael Thayer ('78) if you have any questions or concerns.

### ***ITEMS FOR NEWSLETTER***

If you want to submit an item for *Alumni News*, you are welcome to do so. Share with your fellow alumni what is going on in your world. Whatever it is, notify your fellow alumni so that we may partake in your joy, or even your sorrow with the loss of a job or a home or with the loss of a fellow Scot. News articles needed by **Tuesday, September 5**. You are welcome to submit photos with your articles. Send your items to me (Mary Anderson) at [marya195821@gmail.com](mailto:marya195821@gmail.com).